School Progress
• What do you need to do to complete this year’s school requirements?
• Have you started a Personalized Learning Plan (PLP)?
• What help do you need to achieve your goals?

Interests
• What are you interested in (e.g., academic subjects, leisure activities, career aspirations, etc.)?
• What activities bring you joy?

Experience to Date
• What experiences have you had (e.g., chores, team sports, jobs, fundraising, volunteering, etc.)?

Skills
• What are your unique or favorite abilities?
• What skills do you already have?
• What new skills are you learning?
• What skills do you want to develop?

Community Service & Volunteerism
• What is community service & volunteerism?
• Why do people volunteer?

Conversation Starters

LISTEN “What makes a community?”
LISTEN “What are different roles people play in a community?”
SHARE A story about a middle school experience that shaped your view of your community.
LISTEN “What do you want to gain from your time in middle school? How can we connect these ideas with your community?”

Check In & Ask The Youth

My Community

Suggested Activities

COMPLETE Interest Inventory: Identify your interests relating to school, hobbies, activities, and work.

EXPLORE My Community: Visit a local site in person or virtually to learn about resources and opportunities in the community.

PLAY Community Bingo: Become acquainted with resources and activities in the community.

Visit our Future Exploration Resources Page for additional materials!