

7th Grade





FUTURE EXPLORATION GUIDE

My Community



Listen and help the youth in describing themselves and their interests. Have a conversation about the value of volunteerism and the connection between their strengths and skills and the needs of the community.

Conversation Starters

-  **LISTEN:** “What makes a community?”
-  **LISTEN:** “What are different roles people play in a community?”
-  **SHARE:** “Think back to middle school. Share a story about an experience that shaped your view of your community.”
-  **LISTEN:** “What do you want to gain from your time in middle school? How can we connect these ideas with your community?”

Check In & Ask The Youth

School Progress

- What do you need to do to complete this year’s school requirements?
- Have you started a Personalized Learning Plan (PLP)?
- What help do you need to achieve your goals?

Interests

- What are you interested in (e.g., academic subjects, leisure activities, career aspirations, etc.)?
- What activities bring you joy?

Experience to Date

- What experiences have you had (e.g., chores, team sports, jobs, fundraising, volunteering, etc.)?

Skills

- What are your unique or favorite abilities?
- What skills do you already have?
- What new skills are you learning?
- What skills do you want to develop?



Community Service & Volunteerism

- What is community service & volunteerism?
- Why do people volunteer?

Suggested Match Activities



COMPLETE: *Interest Inventory;* Identify your interest relating to school, hobbies, activities, and work.



EXPLORE: *My Community Activity;* Visit a local site in person or virtually to learn about resources and opportunities in the community.



PLAY: *Community Bingo;* Become acquainted with resources and activities in the community.