

9th Grade FUTURE EXPLORATION GUIDE

Building a Pathway to Your Future




Explore the connection between high school and the youth's future. Now is the time to maximize what high school has to offer.

Conversation Starters

 **LISTEN:** “What social media platforms do you use? Why do you use social media?”

 **SHARE:** Why you use social media. How do you use social media personally or for work?

 **LISTEN:** “What is one thing you are looking forward to and are excited about doing while you are in high school?”

 **SHARE:** Reflect on something you learned in high school that you still use today.

Check In & Ask The Youth

During the Fall:

- What groups or activities match your interests?
- What new things are you doing this year?
- How do you practice organization and manage your time?
- Do you use a planner or a calendar?
- What are some goals you would like to set for this year?
- What do you do to remain on target with your goals?
- What habits or routines do you want to add/practice?



During the Winter:

- Does your guidance counselor have a checklist for college planning & career planning that they have shared with you?
- When do you map out courses for next year? How is that shaping up?
- Have you started planning for summer break activities (volunteer work, part-time job, enrichment program, etc.)?

Suggested Match Activities



COMPLETE: *Personal Brand & Digital Footprint;* Learn about Personal Brand and Digital Footprint and how those activities intersect with career exploration.



EXPLORE: *Building a Pathway to Your Future Activity; Post-secondary Education & Training Focus;* Research education and training-related content using Advance Vermont's MyFutureVT.

Visit our [Future Exploration Guide Resources Page](#) for additional materials!