



Sarah DeBouter

Training & Support Director
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Sarah comes to MENTOR Vermont with 8 years of nonprofit, training, and coaching experience. Working with multiple populations ranging from children, homeless veterans, intellectual/developmental disabilities, and active duty distance-learners in higher education, she is excited to bring her energy and enthusiasm to her new role providing training and support to youth programs in the State of Vermont. With a Master of Science in Leadership and Change Management/Consulting, Sarah believes firmly in building positive and inclusive spaces that welcome diversity and foster an environment of autonomy, respect, and shared values. A native Vermonter, she enjoys spending her spare time doing multiple winter activities, playing music, lounging/reading with her cat, and performing in local theater productions and Renaissance Faires.